



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Bethge, Annette

Club: LC RON-HILL BERLIN e.V.
Number: 155

Course: 100.22 km
Thüringen Ultra

Category:
Frauen W40

Total time: 15:19:25

Speed: 6.53 km/h
Running performance: 9:10 min/km

Rank in course/Total: 164 (of 191)

Rank in course/Women: 14 (of 16)

Best time in course: 11:02:12

Rank in category: 7(of 7)

Best time in the category: 11:02:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos		Behind		Total km	Total Time	Total min/km	Pos		Behind		
				Cat.	Women	Cat.	Women				Cat.	Women	Cat.	Women	
Glasbachwiese	27.39	3:50:33	8:25	7	53:23	14	53:23	27.39	3:50:33	8:25	7	53:23	15		
Floh-Seligenthal	27.74	4:07:19	8:54	7	1:14:08	15	1:14:08	55.13	7:57:52	8:40	7	2:07:31	14	2:07:31	
Finsterbergen	22.03	3:39:45	9:58	7	1:06:25	14	1:06:27	77.16	11:37:37	9:02	7	3:09:41	14	3:09:41	
Fröttstädt	23.06	3:41:48	9:37	7	1:07:32	13	1:07:32	100.22	15:19:25	9:10	7	4:17:13	14	4:17:13	