



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Matthes, Bodo

Club: LC RON-HILL BERLIN e.V.
Number: 154

Course: 100.22 km
Thüringen Ultra

Category:
Männer M45

Total time: 15:19:27

Speed: 6.53 km/h
Running performance: 9:10 min/km

Rank in course/Total: 165 (of 191)

Rank in course/Men: 151 (of 175)

Best time in course: 8:42:52

Rank in category: 37(of 43)

Best time in the category: 9:44:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Stage score			Total ranking			
								Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:55:34	8:36	42	1:28:30	172	1:34:14	27.39	3:55:34	8:36	17	10:18	158	27:50
Floh-Seligenthal	27.74	4:02:16	8:44	38	1:36:03	162	1:45:39	55.13	7:57:50	8:40	17	29:40	157	2:16:56
Finsterbergen	22.03	3:41:23	10:02	38	1:29:18	149	1:44:24	77.16	11:39:13	9:03	17	6:47	153	5:04:15
Fröttstädt	23.06	3:40:14	9:33	35	1:30:24	138	1:38:49	100.22	15:19:27	9:10	37	5:35:05	151	6:36:35