



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Beiderbeck, Didi

Club: LG Würzburg
Number: 216

Course: 100.22 km
Thüringen Ultra

Category:
Männer M45

Total time: 15:46:31

Speed: 6.34 km/h
Running performance: 9:26 min/km

Rank in course/Total: 174 (of 191)

Rank in course/Men: 160 (of 175)

Best time in course: 8:42:52

Rank in category: 40(of 43)

Best time in the category: 9:44:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:48:57	8:21	40	1:21:53	166	1:27:37	27.39	3:48:57	8:21	20	3:41	166	21:13
Floh-Seligenthal	27.74	4:09:45	9:00	42	1:43:32	167	1:53:08	55.13	7:58:42	8:40	20	30:32	166	2:17:48
Finsterbergen	22.03	3:52:39	10:33	39	1:40:34	155	1:55:40	77.16	11:51:21	9:13	20	18:55	162	5:16:23
Fröttstädt	23.06	3:55:10	10:11	38	1:45:20	150	1:53:45	100.22	15:46:31	9:26	40	6:02:09	159	7:03:39