



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Bracht, Gerhard

Club: EK Schwaikheim
Number: 163

Course: 100.22 km
Thüringen Ultra

Category:
Männer M60

Total time: 16:05:52

Speed: 6.21 km/h
Running performance: 9:38 min/km

Rank in course/Total: 176 (of 191)

Rank in course/Men: 161 (of 175)

Best time in course: 8:42:52

Rank in category: 8(of 9)

Best time in the category: 11:02:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:37:04	7:55	5	47:07	150	1:15:44	27.39	3:37:04	7:55	8	47:07	168	9:20
Floh-Seligenthal	27.74	3:55:09	8:28	7	1:06:17	158	1:38:32	55.13	7:32:13	8:12	8	1:53:24	167	1:51:19
Finsterbergen	22.03	3:42:25	10:05	6	1:05:01	150	1:45:26	77.16	11:14:38	8:44	8	2:58:25	163	4:39:40
Fröttstädt	23.06	4:51:14	12:37	8	2:04:46	163	2:49:49	100.22	16:05:52	9:38	8	5:03:11	161	7:23:00