



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Kupfer, Jörg

Club: Lauffreunde Gotha
Number: 2

Course: 100.22 km
Thüringen Ultra

Category:
Männer M45

Total time: 10:02:22

Speed: 9.96 km/h
Running performance: 6:01 min/km

Rank in course/Total: 16 (of 191)

Rank in course/Men: 16 (of 175)

Best time in course: 8:42:52

Rank in category: 4(of 43)

Best time in the category: 9:44:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:35:18	5:40	5	8:14	17	13:58	27.39	2:35:18	5:40	26		21	
Floh-Seligenthal	27.74	2:32:42	5:30	2	6:29	10	16:05	55.13	5:08:00	5:35	26		20	
Finsterbergen	22.03	2:29:40	6:47	10	17:35	26	32:41	77.16	7:37:40	5:55	26		16	1:02:42
Fröttstädt	23.06	2:24:42	6:16	4	14:52	15	23:17	100.22	10:02:22	6:00	4	18:00	16	1:19:30