



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

**Biermann, Ulf**

Club: Leipzig  
Number: 133

Course: 100.22 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 10:43:14

Speed: 9.33 km/h  
Running performance: 6:25 min/km

Rank in course/Total: 31 (of 191)

Rank in course/Men: 31 (of 175)

Best time in course: 8:42:52

Rank in category: 12(of 43)

Best time in the category: 9:44:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:45:07	6:01	9	18:03	35	23:47	27.39	2:45:07	6:01	23		37	
Floh-Seligenthal	27.74	2:51:41	6:11	13	25:28	42	35:04	55.13	5:36:48	6:06	23		36	
Finsterbergen	22.03	2:34:22	7:00	15	22:17	41	37:23	77.16	8:11:10	6:21	23		32	1:36:12
Fröttstädt	23.06	2:32:04	6:35	10	22:14	31	30:39	100.22	10:43:14	6:25	12	58:52	31	2:00:22