



6. thüringen ULTRA

Fröttstädt / 07.07.2012

Detailed evaluation

Knefel, Günter

Club: Reinickendorfer Füchse Berlin
Number: 97

Course: 100.22 km
Thüringen Ultra

Category:
Männer M60

Total time: 11:02:41

Speed: 9.05 km/h
Running performance: 6:37 min/km

Rank in course/Total: 45 (of 191)

Rank in course/Men: 44 (of 175)

Best time in course: 8:42:52

Rank in category: 1(of 9)

Best time in the category: 11:02:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	2:49:57	6:12	1	-	48	28:37	27.39	2:49:57	6:12	1	-	50	
Floh-Seligenthal	27.74	2:48:52	6:05	1	-	35	32:15	55.13	5:38:49	6:08	1	-	49	
Finsterbergen	22.03	2:37:24	7:08	1	-	51	40:25	77.16	8:16:13	6:25	1	-	45	1:41:15
Fröttstädt	23.06	2:46:28	7:13	1	-	65	45:03	100.22	11:02:41	6:36	1	-	44	2:19:49