



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

Lindner, Claus

Club: Zeititz  
Number: 166

Course: 100.22 km  
Thüringen Ultra

Category:  
Männer M45

Total time: 11:07:37

Speed: 8.99 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 47 (of 191)

Rank in course/Men: 46 (of 175)

Best time in course: 8:42:52

Rank in category: 16(of 43)

Best time in the category: 9:44:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:54:17	6:21	17	27:13	57	32:57	27.39	2:54:17	6:21	38		52	
Floh-Seligenthal	27.74	2:56:17	6:21	18	30:04	57	39:40	55.13	5:50:34	6:21	38		51	9:40
Finsterbergen	22.03	2:37:15	7:08	18	25:10	50	40:16	77.16	8:27:49	6:34	38		47	1:52:51
Fröttstädt	23.06	2:39:48	6:55	15	29:58	43	38:23	100.22	11:07:37	6:39	16	1:23:15	46	2:24:45