



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Jansen, Ronald

Club: Westmalle
Number: 68

Course: 100.22 km
Thüringen Ultra

Category:
Männer M40

Total time: 11:08:20

Speed: 8.98 km/h
Running performance: 6:40 min/km

Rank in course/Total: 48 (of 191)

Rank in course/Men: 47 (of 175)

Best time in course: 8:42:52

Rank in category: 7(of 25)

Best time in the category: 9:11:58

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Glasbachwiese | 27.39 | 2:55:50 | 6:25 | 11 | 29:04 | 63 | 34:30 | 27.39 | 2:55:50 | 6:25 | 18 | | 53 | |
| Floh-Seligenthal | 27.74 | 2:54:45 | 6:17 | 10 | 35:47 | 52 | 38:08 | 55.13 | 5:50:35 | 6:21 | 18 | | 52 | 9:41 |
| Finsterbergen | 22.03 | 2:34:39 | 7:01 | 7 | 21:19 | 42 | 37:40 | 77.16 | 8:25:14 | 6:32 | 18 | | 48 | 1:50:16 |
| Fröttstädt | 23.06 | 2:43:06 | 7:04 | 10 | 31:59 | 53 | 41:41 | 100.22 | 11:08:20 | 6:40 | 7 | 1:56:22 | 47 | 2:25:28 |