



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

Hennig, Thomas

Club: Ort:Wense  
Number: 161

Course: 100.22 km  
Thüringen Ultra

Category:  
Männer M40

Total time: 11:08:25

Speed: 8.98 km/h  
Running performance: 6:40 min/km

Rank in course/Total: 50 (of 191)

Rank in course/Men: 49 (of 175)

Best time in course: 8:42:52

Rank in category: 8(of 25)

Best time in the category: 9:11:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:02:19	6:39	17	35:33	84	40:59	27.39	3:02:19	6:39	17		54	
Floh-Seligenthal	27.74	2:51:34	6:11	6	32:36	41	34:57	55.13	5:53:53	6:25	17		53	12:59
Finsterbergen	22.03	2:33:57	6:59	6	20:37	40	36:58	77.16	8:27:50	6:34	17		49	1:52:52
Fröttstädt	23.06	2:40:35	6:57	8	29:28	45	39:10	100.22	11:08:25	6:40	8	1:56:27	49	2:25:33