



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

Seeliger, Wolfhad

Club: Rbb-Laufbewegung  
Number: 181

Course: 100.22 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 11:25:12

Speed: 8.76 km/h  
Running performance: 6:50 min/km

Rank in course/Total: 65 (of 191)

Rank in course/Men: 62 (of 175)

Best time in course: 8:42:52

Rank in category: 11(of 34)

Best time in the category: 10:16:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:45:59	6:03	6	10:51	36	24:39	27.39	2:45:59	6:03	24		68	
Floh-Seligenthal	27.74	3:02:34	6:34	15	27:25	79	45:57	55.13	5:48:33	6:19	24		67	7:39
Finsterbergen	22.03	2:45:04	7:29	9	21:50	60	48:05	77.16	8:33:37	6:39	24		63	1:58:39
Fröttstädt	23.06	2:51:35	7:26	12	22:59	73	50:10	100.22	11:25:12	6:50	11	1:08:58	62	2:42:20