



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Gnoyke, Björn

Club: Team Erdinger Alkoholfrei
Number: 82

Course: 100.22 km
Thüringen Ultra

Category:
Männer M40

Total time: 11:32:08

Speed: 8.67 km/h
Running performance: 6:55 min/km

Rank in course/Total: 70 (of 191)

Rank in course/Men: 67 (of 175)

Best time in course: 8:42:52

Rank in category: 11(of 25)

Best time in the category: 9:11:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:05:24	6:46	18	38:38	89	44:04	27.39	3:05:24	6:46	1	-	73	
Floh-Seligenthal	27.74	3:02:48	6:35	17	43:50	82	46:11	55.13	6:08:12	6:40	1	-	72	27:18
Finsterbergen	22.03	2:53:55	7:53	12	40:35	80	56:56	77.16	9:02:07	7:01	14	5:40	68	2:27:09
Fröttstädt	23.06	2:30:01	6:30	5	18:54	24	28:36	100.22	11:32:08	6:54	11	2:20:10	67	2:49:16