



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Herrmann, Ingmar

Club: Team Strassacker
Number: 189

Course: 100.22 km
Thüringen Ultra

Category:
Männer M35

Total time: 9:01:10

Speed: 11.09 km/h
Running performance: 5:24 min/km

Rank in course/Total: 3 (of 191)

Rank in course/Men: 3 (of 175)

Best time in course: 8:42:52

Rank in category: 3(of 20)

Best time in the category: 8:42:52

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:26:36	5:21	2	5:14	4	5:16	27.39	2:26:36	5:21	18		6	
Floh-Seligenthal	27.74	2:17:03	4:56	2	0:26	2	0:26	55.13	4:43:39	5:08	18		5	
Finsterbergen	22.03	2:04:50	5:39	4	7:51	4	7:51	77.16	6:48:29	5:17	18		3	13:31
Fröttstädt	23.06	2:12:41	5:45	4	11:16	6	11:16	100.22	9:01:10	5:23	3	18:18	3	18:18