



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

Schläger, Lars

Club: Trail Team OWL  
Number: 214

Course: 100.22 km  
Thüringen Ultra

Category:  
Männer M20

Total time: 11:38:07

Speed: 8.59 km/h  
Running performance: 6:58 min/km

Rank in course/Total: 72 (of 191)

Rank in course/Men: 69 (of 175)

Best time in course: 8:42:52

Rank in category: 3(of 6)

Best time in the category: 11:30:25

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Glasbachwiese	27.39	3:05:25	6:46	4	33:00	90	44:05	27.39	3:05:25	6:46	4	33:00	75		
Floh-Seligenthal	27.74	3:05:17	6:40	3	3:20	87	48:40	55.13	6:10:42	6:43	4	25:14	74	29:48	
Finsterbergen	22.03	2:49:44	7:42	1	-	71	52:45	77.16	9:00:26	7:00	4	1:57	70	2:25:28	
Fröttstädt	23.06	2:37:41	6:50	1	-	38	36:16	100.22	11:38:07	6:57	3	7:42	69	2:55:15	