



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Fanslau, Thomas

Club: Berlin
Number: 118

Course: 100.22 km
Thüringen Ultra

Category:
Männer M40

Total time: 11:43:36

Speed: 8.53 km/h
Running performance: 7:01 min/km

Rank in course/Total: 76 (of 191)

Rank in course/Men: 73 (of 175)

Best time in course: 8:42:52

Rank in category: 12(of 25)

Best time in the category: 9:11:58

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.39	3:08:40	6:53	19	41:54	99	47:20	27.39	3:08:40	6:53	13	3:16	79	
Floh-Seligenthal	27.74	3:02:21	6:34	15	43:23	77	45:44	55.13	6:11:01	6:43	13	2:49	78	30:07
Finsterbergen	22.03	2:45:26	7:30	10	32:06	62	48:27	77.16	8:56:27	6:57	1	-	74	2:21:29
Fröttstädt	23.06	2:47:09	7:14	12	36:02	66	45:44	100.22	11:43:36	7:01	12	2:31:38	73	3:00:44