



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Pawlow, Kamen

Club: FSV 1950 Gotha
Number: 52

Course: 100.22 km
Thüringen Ultra

Category:
Männer M50

Total time: 11:50:33

Speed: 8.44 km/h
Running performance: 7:05 min/km

Rank in course/Total: 81 (of 191)

Rank in course/Men: 78 (of 175)

Best time in course: 8:42:52

Rank in category: 14(of 34)

Best time in the category: 10:16:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:42:05	5:55	3	6:57	29	20:45	27.39	2:42:05	5:55	21		84	
Floh-Seligenthal	27.74	3:06:14	6:42	18	31:05	89	49:37	55.13	5:48:19	6:19	21		83	7:25
Finsterbergen	22.03	2:54:14	7:54	15	31:00	81	57:15	77.16	8:42:33	6:46	21		79	2:07:35
Fröttstädt	23.06	3:08:00	8:09	20	39:24	101	1:06:35	100.22	11:50:33	7:05	14	1:34:19	78	3:07:41