



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Flock, Peter

Club: GMRV
Number: 90

Course: 100.22 km
Thüringen Ultra

Category:
Männer M40

Total time: 9:11:58

Speed: 10.87 km/h
Running performance: 5:31 min/km

Rank in course/Total: 4 (of 191)

Rank in course/Men: 4 (of 175)

Best time in course: 8:42:52

Rank in category: 1(of 25)

Best time in the category: 9:11:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	2:26:46	5:21	1	-	5	5:26	27.39	2:26:46	5:21	25		7	
Floh-Seligenthal	27.74	2:18:58	5:00	1	-	3	2:21	55.13	4:45:44	5:10	25		6	
Finsterbergen	22.03	2:13:20	6:03	1	-	8	16:21	77.16	6:59:04	5:25	13		4	24:06
Fröttstädt	23.06	2:12:54	5:45	2	1:47	7	11:29	100.22	9:11:58	5:30	1	-	4	29:06