



6. thüringen ULTRA
Fröttstädt / 07.07.2012

Detailed evaluation

Lücking, Markus

Club: Endorphinjunkies
Number: 206

Course: 100.22 km
Thüringen Ultra

Category:
Männer M40

Total time: 12:03:34

Speed: 8.29 km/h
Running performance: 7:13 min/km

Rank in course/Total: 84 (of 191)

Rank in course/Men: 81 (of 175)

Best time in course: 8:42:52

Rank in category: 13(of 25)

Best time in the category: 9:11:58

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:01:26	6:37	16	34:40	83	40:06	27.39	3:01:26	6:37	12		87	
Floh-Seligenthal	27.74	3:00:28	6:30	14	41:30	71	43:51	55.13	6:01:54	6:33	12		86	21:00
Finsterbergen	22.03	3:01:59	8:15	15	48:39	90	1:05:00	77.16	9:03:53	7:02	12	7:26	82	2:28:55
Fröttstädt	23.06	2:59:41	7:47	16	48:34	90	58:16	100.22	12:03:34	7:13	13	2:51:36	81	3:20:42