



6. thüringen ULTRA  
Fröttstädt / 07.07.2012

Detailed evaluation

Ziemer, Ulrich

Club: Essen  
Number: 121

Course: 100.22 km  
Thüringen Ultra

Category:  
Männer M50

Total time: 12:25:42

Speed: 8.05 km/h  
Running performance: 7:26 min/km

Rank in course/Total: 91 (of 191)

Rank in course/Men: 87 (of 175)

Best time in course: 8:42:52

Rank in category: 19(of 34)

Best time in the category: 10:16:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.39	3:08:38	6:53	21	33:30	98	47:18	27.39	3:08:38	6:53	3		93	
Floh-Seligenthal	27.74	3:10:56	6:52	21	35:47	95	54:19	55.13	6:19:34	6:53	3		92	38:40
Finsterbergen	22.03	3:08:46	8:34	21	45:32	99	1:11:47	77.16	9:28:20	7:21	3		88	2:53:22
Fröttstädt	23.06	2:57:22	7:41	15	28:46	86	55:57	100.22	12:25:42	7:26	19	2:09:28	87	3:42:50