



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Braatz, Daniel

Total time: 1:14:02

Club: Tabarzer SV Abt. Ski-Nordisch
Number: 115

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 18 (of 122)
Rank in course/Men: 18 (of 105)
Best time in course: 1:03:47

Category:
AK 1, TM 20

Rank in category: 4(of 15)
Best time in the category: 1:06:06

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:22	21:13	6	1:26	31	1:41	0.30	6:22	21:13	16	1:26	106	1:26
Schwimmen Total	0.30	6:22												
Rad	16.00	44:42	2:47	4	6:09	16	6:09	16.30	51:04	3:07	15	6:50	104	6:50
Rad Total	16.00	44:42												
Lauf	5.00	22:58	4:35	5	1:06	28	4:13	21.30	1:14:02	3:28	4	7:56	18	10:15
Lauf Total	21.00	1:14:02												