



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Wozasek, Ingrid

Total time: 1:39:34

Club: Triathlon Friedrichroda
Number: 174

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 99 (of 122)
Rank in course/Women: 9 (of 16)
Best time in course: 1:22:57

Category:
Seniorinnen 2, TW 50

Rank in category: 2(of 4)
Best time in the category: 1:36:28

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Schwimmen | 0.30 | 9:11 | 30:36 | 3 | 2:13 | 15 | 3:13 | 0.30 | 9:11 | 30:36 | 5 | 1:32 | 17 | 1:51 |
| Schwimmen Total | 0.30 | 9:11 | | | | | | | | | | | | |
| Rad | 16.00 | 1:01:00 | 3:48 | 2 | 0:15 | 9 | 9:24 | 16.30 | 1:10:11 | 4:18 | 5 | | 17 | 1:45 |
| Rad Total | 16.00 | 1:01:00 | | | | | | | | | | | | |
| Lauf | 5.00 | 29:23 | 5:52 | 3 | 4:51 | 11 | 5:56 | 21.30 | 1:39:34 | 4:40 | 2 | 3:06 | 9 | 16:37 |
| Lauf Total | 21.00 | 1:39:34 | | | | | | | | | | | | |