



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Grimmer, Matthias

Total time: 1:29:03

Club: Schnepfenthal

Number: 219

Course: 21.30 km

Rank in course/Total: 72 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 67 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 19(of 27)

AK 2, TM 30

Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:50	22:46	14	2:09	46	2:09	0.30	6:50	22:46	28		106	1:54
Schwimmen Total	0.30	6:50												
Rad	16.00	55:08	3:26	21	15:20	70	16:35	16.30	1:01:58	3:48	27	7:15	104	17:44
Rad Total	16.00	55:08												
Lauf	5.00	27:05	5:24	19	8:20	73	8:20	21.30	1:29:03	4:10	19	25:16	67	25:16
Lauf Total	21.00	1:29:03												