



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Simon, Andre

Total time: 1:34:37

Club: Leinatal/ OT Schönau
Number: 213

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 89 (of 122)
Rank in course/Men: 83 (of 105)
Best time in course: 1:03:47

Category:
Senioren 1, TM 40

Rank in category: 27(of 37)
Best time in the category: 1:09:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:13	20:43	8	1:24	27	1:32	0.30	6:13	20:43	38		106	1:17
Schwimmen Total	0.30	6:13												
Rad	16.00	58:22	3:38	27	17:47	80	19:49	16.30	1:04:35	3:57	38	3:38	104	20:21
Rad Total	16.00	58:22												
Lauf	5.00	30:02	6:00	33	9:32	91	11:17	21.30	1:34:37	4:26	27	24:45	83	30:50
Lauf Total	21.00	1:34:37												