



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

Schrickel, Marco

Total time: 1:37:11

Club: Dippach

Number: 203

Course: 21.30 km

Rank in course/Total: 95 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 87 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 30(of 37)

Senioren 1, TM 40

Best time in the category: 1:09:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	6:53	22:56	17	2:04	48	2:12	0.30	6:53	22:56	38		106	1:57
Schwimmen Total	0.30	6:53												
Rad	16.00	1:01:30	3:50	32	20:55	89	22:57	16.30	1:08:23	4:11	38	7:26	104	24:09
Rad Total	16.00	1:01:30												
Lauf	5.00	28:48	5:45	31	8:18	83	10:03	21.30	1:37:11	4:33	30	27:19	87	33:24
Lauf Total	21.00	1:37:11												