



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Geffe, Andreas

Total time: 1:43:44

Club: Leinatal

Number: 206

Course: 21.30 km

Rank in course/Total: 109 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 97 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 36(of 37)

Senioren 1, TM 40

Best time in the category: 1:09:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:34	25:13	26	2:45	71	2:53	0.30	7:34	25:13	38	0:06	106	2:38
Schwimmen Total	0.30	7:34												
Rad	16.00	1:01:01	3:48	31	20:26	88	22:28	16.30	1:08:35	4:12	38	7:38	104	24:21
Rad Total	16.00	1:01:01												
Lauf	5.00	35:09	7:01	37	14:39	101	16:24	21.30	1:43:44	4:52	36	33:52	97	39:57
Lauf Total	21.00	1:43:44												