



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Elsner, Anne Marie

Total time: 1:59:26

Club: VfL Wolfsburg

Number: 157

Course: 21.30 km

Rank in course/Total: 118 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Women: 15 (of 16)

Best time in course: 1:22:57

Category:

Rank in category: 4(of 4)

Seniorinnen 2, TW 50

Best time in the category: 1:36:28

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.30	9:36	32:00	4	2:38	16	3:38	0.30	9:36	32:00	5	1:57	17	2:16
Schwimmen Total	0.30	9:36												
Rad	16.00	1:13:57	4:37	4	13:12	14	22:21	16.30	1:23:33	5:07	5	3:41	17	15:07
Rad Total	16.00	1:13:57												
Lauf	5.00	35:53	7:10	4	11:21	15	12:26	21.30	1:59:26	5:36	4	22:58	15	36:29
Lauf Total	21.00	1:59:26												