



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Czerny, Holger

Total time: 1:53:59

Club: Gotha
Number: 220

Course: 21.30 km
Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Total: 116 (of 122)
Rank in course/Men: 101 (of 105)
Best time in course: 1:03:47

Category:
Senioren 3, TM 60

Rank in category: 3(of 3)
Best time in the category: 1:29:38

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	8:09	27:10	2	0:44	83	3:28	0.30	8:09	27:10	4	0:44	106	3:13
Schwimmen Total	0.30	8:09												
Rad	16.00	1:06:53	4:10	3	13:46	100	28:20	16.30	1:15:02	4:36	4	14:30	104	30:48
Rad Total	16.00	1:06:53												
Lauf	5.00	38:57	7:47	3	9:51	102	20:12	21.30	1:53:59	5:21	3	24:21	101	50:12
Lauf Total	21.00	1:53:59												