



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Wojczyk, Dirk

Total time: 2:17:53

Club: Easy Riders Gotha e.V.
Number: 349

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 4 (of 82)
Rank in course/Men: 4 (of 78)
Best time in course: 2:05:51

Category:
AK 4, TM 35

Rank in category: 2(of 13)
Best time in the category: 2:15:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	11:43	19:31	7	3:10	30	7:00	0.60	11:43	19:31	14	2:04	78	1:44
Schwimmen Total	0.60	11:43												
Rad	28.00	1:23:57	2:59	1	-	4	33:06	28.60	1:35:40	3:20	14	1:25	77	
Rad Total	28.00	1:23:57												
Lauf	10.00	42:13	4:13	3	1:52	9	29:30	38.60	2:17:53	3:34	2	2:36	5	54:38
Lauf Total	38.00	2:17:53												