



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Romeis, Kay

Total time: 2:29:18

Club: Trisport Erding
Number: 330

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 12 (of 82)

Rank in course/Men: 12 (of 78)

Best time in course: 2:05:51

Category:

Rank in category: 4(of 13)

AK 4, TM 35

Best time in the category: 2:15:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	10:19	17:11	5	1:46	17	5:36	0.60	10:19	17:11	14	0:40	78	0:20
Schwimmen Total	0.60	10:19												
Rad	28.00	1:33:15	3:19	5	9:18	15	42:24	28.60	1:43:34	3:37	14	9:19	77	
Rad Total	28.00	1:33:15												
Lauf	10.00	45:44	4:34	5	5:23	17	33:01	38.60	2:29:18	3:52	4	14:01	13	1:06:03
Lauf Total	38.00	2:29:18												