



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Gothe, Stefan

Total time: 2:39:06

Club: Triathlon Friedrichroda
Number: 302

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 22 (of 82)

Rank in course/Men: 21 (of 78)

Best time in course: 2:05:51

Category:

Rank in category: 8(of 13)

AK 4, TM 35

Best time in the category: 2:15:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	10:26	17:23	6	1:53	20	5:43	0.60	10:26	17:23	14	0:47	78	0:27
Schwimmen Total	0.60	10:26												
Rad	28.00	1:41:07	3:36	8	17:10	25	50:16	28.60	1:51:33	3:54	14	17:18	77	
Rad Total	28.00	1:41:07												
Lauf	10.00	47:33	4:45	7	7:12	23	34:50	38.60	2:39:06	4:07	8	23:49	22	1:15:51
Lauf Total	38.00	2:39:06												