



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Ulbricht, Marko

Total time: 2:29:22

Club: Ahorn Berghotel Friedrichroda
Number: 358

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 13 (of 82)

Rank in course/Men: 13 (of 78)

Best time in course: 2:05:51

Category:

Rank in category: 5(of 13)

AK 4, TM 35

Best time in the category: 2:15:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	14:23	23:58	12	5:50	63	9:40	0.60	14:23	23:58	14	4:44	78	4:24
Schwimmen Total	0.60	14:23												
Rad	28.00	1:29:01	3:10	3	5:04	6	38:10	28.60	1:43:24	3:36	14	9:09	77	
Rad Total	28.00	1:29:01												
Lauf	10.00	45:58	4:35	6	5:37	18	33:15	38.60	2:29:22	3:52	5	14:05	14	1:06:07
Lauf Total	38.00	2:29:22												