



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

Radke, Rocco-Mario

Total time: 2:53:06

Club: Hit-bikes.de

Number: 313

Course: 38.60 km

Rank in course/Total: 40 (of 82)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 37 (of 78)

Best time in course: 2:05:51

Category:

Rank in category: 9(of 13)

AK 3, TM 30

Best time in the category: 2:05:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	14:47	24:38	13	10:04	67	10:04	0.60	14:47	24:38	14	6:50	78	4:48
Schwimmen Total	0.60	14:47												
Rad	28.00	1:43:37	3:42	7	24:26	30	52:46	28.60	1:58:24	4:08	14	31:16	77	
Rad Total	28.00	1:43:37												
Lauf	10.00	54:42	5:28	11	15:59	52	41:59	38.60	2:53:06	4:29	9	47:15	38	1:29:51
Lauf Total	38.00	2:53:06												