



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Böttner, Karsten

Total time: 2:39:42

Club: MTB Sontra
Number: 365

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 23 (of 82)
Rank in course/Men: 22 (of 78)
Best time in course: 2:05:51

Category:
Senioren 1, TM 40

Rank in category: 6(of 21)
Best time in the category: 2:06:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	10:36	17:40	4	3:43	22	5:53	0.60	10:36	17:40	22		78	0:37
Schwimmen Total	0.60	10:36												
Rad	28.00	1:42:34	3:39	7	23:22	27	51:43	28.60	1:53:10	3:57	21		77	
Rad Total	28.00	1:42:34												
Lauf	10.00	46:32	4:39	5	8:17	20	33:49	38.60	2:39:42	4:08	6	32:50	23	1:16:27
Lauf Total	38.00	2:39:42												