



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Böttner, Jan

Total time: 2:47:33

Club: LEIDER GEIL TEAM / Triathlon Jena eV
Number: 351

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 31 (of 82)
Rank in course/Men: 28 (of 78)
Best time in course: 2:05:51

Category:
AK 3, TM 30

Rank in category: 5(of 13)
Best time in the category: 2:05:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	11:38	19:23	5	6:55	28	6:55	0.60	11:38	19:23	14	3:41	78	1:39
Schwimmen Total	0.60	11:38												
Rad	28.00	1:41:00	3:36	5	21:49	24	50:09	28.60	1:52:38	3:56	14	25:30	77	
Rad Total	28.00	1:41:00												
Lauf	10.00	54:55	5:29	12	16:12	53	42:12	38.60	2:47:33	4:20	5	41:42	29	1:24:18
Lauf Total	38.00	2:47:33												