



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Dopleb, Sabine

Total time: 2:46:55

Club: Easy Riders -Rad -Art
Number: 357

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 30 (of 82)

Rank in course/Women: 3 (of 4)

Best time in course: 2:38:42

Category:
AK 4, TW 35

Rank in category: 1(of 1)

Best time in the category: 2:46:55

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen	0.60	14:25	24:01	1	-	3	5:14	0.60	14:25	24:01	1	-	5	5:14
Schwimmen Total	0.60	14:25												
Rad	28.00	1:35:32	3:24	1	-	1	-	28.60	1:49:57	3:50	1	-	5	
Rad Total	28.00	1:35:32												
Lauf	10.00	56:58	5:41	1	-	3	8:48	38.60	2:46:55	4:19	1	-	3	8:13
Lauf Total	38.00	2:46:55												