



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Hellmich, Jens

Total time: 2:47:57

Club: Erfurt
Number: 374

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 32 (of 82)
Rank in course/Men: 29 (of 78)
Best time in course: 2:05:51

Category:
Senioren 1, TM 40

Rank in category: 9(of 21)
Best time in the category: 2:06:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	11:56	19:53	7	5:03	33	7:13	0.60	11:56	19:53	22		78	1:57
Schwimmen Total	0.60	11:56												
Rad	28.00	1:43:17	3:41	8	24:05	28	52:26	28.60	1:55:13	4:01	21		77	
Rad Total	28.00	1:43:17												
Lauf	10.00	52:44	5:16	13	14:29	43	40:01	38.60	2:47:57	4:21	9	41:05	30	1:24:42
Lauf Total	38.00	2:47:57												