



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Pomorzev, Andrey**

**Total time: 2:55:44**

Club: Trianhas Bad Arolsen  
Number: 350

Course: 38.60 km  
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 42 (of 82)

Rank in course/Men: 39 (of 78)

Best time in course: 2:05:51

Category:  
AK 3, TM 30

Rank in category: 10(of 13)

Best time in the category: 2:05:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	4:43	7:51	1	-	1	-	0.60	4:43	7:51	14			78
Schwimmen Total	0.60	4:43												
Rad	28.00	2:01:24	4:20	13	42:13	58	1:10:33	28.60	2:06:07	4:24	14	38:59	77	5:36
Rad Total	28.00	2:01:24												
Lauf	10.00	49:37	4:57	5	10:54	32	36:54	38.60	2:55:44	4:33	10	49:53	40	1:32:29
Lauf Total	38.00	2:55:44												