



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Willing, Frank

Total time: 2:48:31

Club: Gotha
Number: 385

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 34 (of 82)
Rank in course/Men: 31 (of 78)
Best time in course: 2:05:51

Category:
AK 4, TM 35

Rank in category: 9(of 13)
Best time in the category: 2:15:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	12:59	21:38	10	4:26	52	8:16	0.60	12:59	21:38	14	3:20	78	3:00
Schwimmen Total	0.60	12:59												
Rad	28.00	1:44:12	3:43	9	20:15	32	53:21	28.60	1:57:11	4:05	14	22:56	77	
Rad Total	28.00	1:44:12												
Lauf	10.00	51:20	5:08	10	10:59	35	38:37	38.60	2:48:31	4:21	9	33:14	32	1:25:16
Lauf Total	38.00	2:48:31												