



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Hindricks, Richard

Total time: 3:04:13

Club: TGR

Number: 336

Course: 38.60 km

Rank in course/Total: 53 (of 82)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 50 (of 78)

Best time in course: 2:05:51

Category:

Rank in category: 2(of 7)

Senioren 3, TM 50

Best time in the category: 2:43:45

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	14:07	23:31	4	4:25	61	9:24	0.60	14:07	23:31	8	4:25	78	4:08
Schwimmen Total	0.60	14:07												
Rad	28.00	1:56:35	4:09	3	1:05:44	49	1:05:44	28.60	2:10:42	4:34	8	1:10:09	77	10:11
Rad Total	28.00	1:56:35												
Lauf	10.00	53:31	5:21	3	40:48	46	40:48	38.60	3:04:13	4:46	3	1:40:58	51	1:40:58
Lauf Total	38.00	3:04:13												