



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Haserodt, Daniel**

**Total time: 2:56:08**

Club: LC Olympia Wiesbaden

Number: 371

Course: 38.60 km

Rank in course/Total: 43 (of 82)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 40 (of 78)

Best time in course: 2:05:51

Category:

Rank in category: 4(of 6)

AK 2, TM 25

Best time in the category: 2:26:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	9:27	15:45	1	-	10	4:44	0.60	9:27	15:45	7			78
Schwimmen Total	0.60	9:27												
Rad	28.00	1:58:45	4:14	5	28:31	55	1:07:54	28.60	2:08:12	4:28	7	26:09	77	7:41
Rad Total	28.00	1:58:45												
Lauf	10.00	47:56	4:47	3	3:35	27	35:13	38.60	2:56:08	4:33	4	29:44	41	1:32:53
Lauf Total	38.00	2:56:08												