



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Herz, André Dr. phil.

Total time: 3:06:13

Club: Judoclub Leipzig e.V.

Number: 335

Course: 38.60 km

Rank in course/Total: 55 (of 82)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 52 (of 78)

Best time in course: 2:05:51

Category:

Rank in category: 13(of 21)

Senioren 1, TM 40

Best time in the category: 2:06:52

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	12:41	21:08	11	5:48	48	7:58	0.60	12:41	21:08	22	0:18	78	2:42
Schwimmen Total	0.60	12:41												
Rad	28.00	2:01:53	4:21	15	42:41	59	1:11:02	28.60	2:14:34	4:42	1	-	77	14:03
Rad Total	28.00	2:01:53												
Lauf	10.00	51:39	5:09	10	13:24	38	38:56	38.60	3:06:13	4:49	13	59:21	53	1:42:58
Lauf Total	38.00	3:06:13												