



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Graf, Winfried

Total time: 3:17:39

Club: Triathlon Friedrichroda
Number: 301

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 63 (of 82)
Rank in course/Men: 60 (of 78)
Best time in course: 2:05:51

Category:
Senioren 4, TM 55

Rank in category: 2(of 3)
Best time in the category: 3:06:29

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.60 | 15:52 | 26:26 | 3 | 3:33 | 69 | 11:09 | 0.60 | 15:52 | 26:26 | 4 | 3:33 | 78 | 5:53 |
| Schwimmen Total | 0.60 | 15:52 | | | | | | | | | | | | |
| Rad | 28.00 | 1:52:27 | 4:00 | 1 | - | 45 | 1:01:36 | 28.60 | 2:08:19 | 4:29 | 4 | | 77 | 7:48 |
| Rad Total | 28.00 | 1:52:27 | | | | | | | | | | | | |
| Lauf | 10.00 | 1:09:20 | 6:55 | 2 | 11:49 | 73 | 56:37 | 38.60 | 3:17:39 | 5:07 | 2 | 11:10 | 61 | 1:54:24 |
| Lauf Total | 38.00 | 3:17:39 | | | | | | | | | | | | |