



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

**Schwabe, André**

**Total time: 1:17:45**

Club: Waltershausen

Number: 129

Course: 21.30 km

Rank in course/Total: 30 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 30 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 10(of 27)

AK 2, TM 30

Best time in the category: 1:03:47

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	7:02	23:26	17	2:21	58	2:21	0.30	7:02	23:26	28		106	2:06
Schwimmen Total	0.30	7:02												
Rad	16.00	46:31	2:54	8	6:43	23	7:58	16.30	53:33	3:17	27		104	9:19
Rad Total	16.00	46:31												
Lauf	5.00	24:12	4:50	9	5:27	37	5:27	21.30	1:17:45	3:39	10	13:58	30	13:58
Lauf Total	21.00	1:17:45												