



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

Herrmann, André

Total time: 3:08:07

Club: Tambacher Skijäger

Number: 366

Course: 38.60 km

Rank in course/Total: 58 (of 82)

XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Men: 55 (of 78)

Best time in course: 2:05:51

Category:

Rank in category: 14(of 21)

Senioren 1, TM 40

Best time in the category: 2:06:52

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	16:48	28:00	19	9:55	73	12:05	0.60	16:48	28:00	22	4:25	78	6:49
Schwimmen Total	0.60	16:48												
Rad	28.00	1:52:12	4:00	11	33:00	43	1:01:21	28.60	2:09:00	4:30	21		77	8:29
Rad Total	28.00	1:52:12												
Lauf	10.00	59:07	5:54	17	20:52	62	46:24	38.60	3:08:07	4:52	14	1:01:15	56	1:44:52
Lauf Total	38.00	3:08:07												