



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Sack, Matthias

Total time: 3:05:05

Club: SV Sömmerda
Number: 380

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 54 (of 82)

Rank in course/Men: 51 (of 78)

Best time in course: 2:05:51

Category:
AK 3, TM 30

Rank in category: 13(of 13)

Best time in the category: 2:05:51

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.60 | 9:51 | 16:25 | 3 | 5:08 | 13 | 5:08 | 0.60 | 9:51 | 16:25 | 14 | 1:54 | 78 | |
| Schwimmen Total | 0.60 | 9:51 | | | | | | | | | | | | |
| Rad | 28.00 | 1:58:37 | 4:14 | 12 | 39:26 | 54 | 1:07:46 | 28.60 | 2:08:28 | 4:29 | 14 | 41:20 | 77 | 7:57 |
| Rad Total | 28.00 | 1:58:37 | | | | | | | | | | | | |
| Lauf | 10.00 | 56:37 | 5:39 | 13 | 17:54 | 55 | 43:54 | 38.60 | 3:05:05 | 4:47 | 13 | 59:14 | 52 | 1:41:50 |
| Lauf Total | 38.00 | 3:05:05 | | | | | | | | | | | | |