



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Profft, Ingolf

Total time: 3:22:11

Club: Gotha
Number: 370

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 66 (of 82)

Rank in course/Men: 63 (of 78)

Best time in course: 2:05:51

Category:
AK 4, TM 35

Rank in category: 13(of 13)

Best time in the category: 2:15:17

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	16:45	27:55	13	8:12	72	12:02	0.60	16:45	27:55	14	7:06	78	6:46
Schwimmen Total	0.60	16:45												
Rad	28.00	2:05:55	4:29	13	41:58	62	1:15:04	28.60	2:22:40	4:59	14	48:25	77	22:09
Rad Total	28.00	2:05:55												
Lauf	10.00	59:31	5:57	13	19:10	63	46:48	38.60	3:22:11	5:14	13	1:06:54	64	1:58:56
Lauf Total	38.00	3:22:11												