



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Brachmann, Mirko

Total time: 3:28:34

Club: Sonneborner Carneval
Number: 383

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 71 (of 82)
Rank in course/Men: 68 (of 78)
Best time in course: 2:05:51

Category:
AK 2, TM 25

Rank in category: 6(of 6)
Best time in the category: 2:26:24

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.60	15:58	26:36	5	6:31	70	11:15	0.60	15:58	26:36	7	4:09	78	5:59
Schwimmen Total	0.60	15:58												
Rad	28.00	2:12:09	4:43	6	41:55	67	1:21:18	28.60	2:28:07	5:10	7	46:04	77	27:36
Rad Total	28.00	2:12:09												
Lauf	10.00	1:00:27	6:02	6	16:06	67	47:44	38.60	3:28:34	5:24	6	1:02:10	69	2:05:19
Lauf Total	38.00	3:28:34												