



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Lier, Gerd

Total time: 3:31:31

Club: Gü We Läufer
Number: 375

Course: 38.60 km
XTERRA Thüringen (0,6/28,0/10,0 km)

Rank in course/Total: 76 (of 82)
Rank in course/Men: 73 (of 78)
Best time in course: 2:05:51

Category:
Senioren 3, TM 50

Rank in category: 6(of 7)
Best time in the category: 2:43:45

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.60 | 17:46 | 29:36 | 7 | 8:04 | 76 | 13:03 | 0.60 | 17:46 | 29:36 | 8 | 8:04 | 78 | 7:47 |
| Schwimmen Total | 0.60 | 17:46 | | | | | | | | | | | | |
| Rad | 28.00 | 2:13:09 | 4:45 | 5 | 1:22:18 | 68 | 1:22:18 | 28.60 | 2:30:55 | 5:16 | 8 | 1:30:22 | 77 | 30:24 |
| Rad Total | 28.00 | 2:13:09 | | | | | | | | | | | | |
| Lauf | 10.00 | 1:00:36 | 6:03 | 4 | 47:53 | 68 | 47:53 | 38.60 | 3:31:31 | 5:28 | 7 | 2:08:16 | 74 | 2:08:16 |
| Lauf Total | 38.00 | 3:31:31 | | | | | | | | | | | | |