



11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

Detailed evaluation

Reinhardt, Horst

Total time: 1:18:45

Club: Lauffeuer Fröttstädt

Number: 128

Course: 21.30 km

Rank in course/Total: 34 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 34 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 11(of 37)

Senioren 1, TM 40

Best time in the category: 1:09:52

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|--------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Schwimmen | 0.30 | 8:06 | 27:00 | 29 | 3:17 | 82 | 3:25 | 0.30 | 8:06 | 27:00 | 38 | 0:38 | 106 | 3:10 |
| Schwimmen Total | 0.30 | 8:06 | | | | | | | | | | | | |
| Rad | 16.00 | 49:27 | 3:05 | 14 | 8:52 | 42 | 10:54 | 16.30 | 57:33 | 3:31 | 38 | | 104 | 13:19 |
| Rad Total | 16.00 | 49:27 | | | | | | | | | | | | |
| Lauf | 5.00 | 21:12 | 4:14 | 2 | 0:42 | 6 | 2:27 | 21.30 | 1:18:45 | 3:41 | 11 | 8:53 | 34 | 14:58 |
| Lauf Total | 21.00 | 1:18:45 | | | | | | | | | | | | |