



# 11. Cross Triathlon Friedrichroda

Friedrichroda / Thüringen / 15.07.2012

## Detailed evaluation

Hanke, Florian

Total time: 1:24:31

Club: Tabarz

Number: 103

Course: 21.30 km

Rank in course/Total: 51 (of 122)

Einzel Cross Triathlon (0.3/16,0/5,0 km)

Rank in course/Men: 50 (of 105)

Best time in course: 1:03:47

Category:

Rank in category: 6(of 15)

AK 1, TM 20

Best time in the category: 1:06:06

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen	0.30	8:10	27:13	12	3:14	85	3:29	0.30	8:10	27:13	16	3:14	106	3:14
Schwimmen Total	0.30	8:10												
Rad	16.00	52:47	3:17	7	14:14	55	14:14	16.30	1:00:57	3:44	15	16:43	104	16:43
Rad Total	16.00	52:47												
Lauf	5.00	23:34	4:42	6	1:42	31	4:49	21.30	1:24:31	3:58	6	18:25	50	20:44
Lauf Total	21.00	1:24:31												